



CELTIC SEA SALT®

Comparison Chart



LIGHT GREY CELTIC®	FINE GROUND CELTIC®	FLOWER OF THE OCEAN®	CELTIC MAKAI PURE®	CHEF'S GOURMET KOSHER	POTASSIUM PINK	FLAKE RIVER SALT	FINE GROUND RIVER SALT	SMOKED FLAKE RIVER SALT
Source: FRANCE	Source: FRANCE	Source: PORTUGAL	Source: HAWAII	Source: GUATEMALA	Source: SPAIN	Source: SPAIN	Source: SPAIN	Source: SPAIN
Analysis: Na: 31.2% Cl: 53.7% Mg: 0.3% pH: 8.53	Analysis: Na: 34.7% Cl: 57.6% Mg: 0.5% pH: 9.94	Analysis: Na: 33.1% Cl: 54.4% Mg: 0.5% pH: 8.42	Analysis: Na: 25.3% Cl: 57.7% Mg: 1.15% pH: 9.93	Analysis: Na: 19.5% Cl: 56.7% Mg: 0.4% pH: 9.94	Analysis: Na: 26.7% Cl: 57.6% K: 15.9% Mg: 0.05%	Analysis: Na: 38.3% Cl: 59.1% Mg: 0.02%	Analysis: Na: 38.3% Cl: 58% Mg: 0.04%	Analysis: Na: 38.3% Cl: 59.1% Mg: 0.02%
Application: All Purpose, best with grinder	Application: All Purpose, great for baking	Application: Finishing salt, great for pinching	Application: All Purpose, best with grinder	Application: All Purpose, great for shaking	Application: Great for added potassium	Application: Add to any dish to give it a Mediterranean touch and flavor.	Application: Add to any dish to give it a Mediterranean touch and flavor.	Application: Add to any dish to give it a smoked touch.



Please note: All Celtic Sea Salt® salts are unrefined. Only the most prevalent minerals Sodium, Chloride, and Magnesium are listed, but trace amounts of at least 60 elements are also occurring. For more information, please visit our FAQ www.selinanaturally.com/faqs. Salt Well to Live Well!